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| Table 1. Demographic characteristics of the study population |             |
|--|-------------|
| Age (years)  | Mean (SD)   |
| Male   | 55.2 (10.5) |
| Female   | 56.8 (11.2) |
| Marital status   |             |
| Married  | 78.5%       |
| Single   | 21.5%       |
| Education level  |             |
| High school or above   | 65.2%       |
| Below high school  | 34.8%       |
| Occupation   |             |
| Professional   | 12.3%       |
| Managerial   | 18.7%       |
| Technical  | 25.4%       |
| Service  | 32.1%       |
| Unemployed   | 11.5%       |
| Income (USD/month)   |             |
| < 1000   | 15.2%       |
| 1000-2000  | 28.7%       |
| 2000-3000  | 35.4%       |
| > 3000   | 20.7%       |
| Health insurance   |             |
| Yes  | 89.1%       |
| No   | 10.9%       |
| Comorbidities  |             |
| Hypertension   | 45.3%       |
| Diabetes   | 32.1%       |
| Cholesterol  | 28.7%       |
| Smoking status   |             |
| Current smoker   | 18.5%       |
| Former smoker  | 22.3%       |
| Non-smoker   | 59.2%       |
| Alcohol consumption  |             |
| Regular  | 12.1%       |
| Occasional   | 15.4%       |
| Never  | 72.5%       |